



Matcha Latte

Prep Time: 5 mins

Total Time: 5 mins

Serving Size: 1 cup

Ingredients:

- $\frac{3}{4}$ cup water
- $\frac{3}{4}$ cup milk (any kind)
- 2 tbsp Laird superfood creamer
- 1 tsp organic matcha
- 1 tsp organic maple syrup

Instructions:

1. Warm the water and milk on the stove until it's hot but not boiling.
2. Add in the matcha, creamer, and maple syrup.
3. Use your frother to blend everything until smooth and a little frothy.
4. Pour into your favorite mug and enjoy the little moment of joy.